

Al-Anon and Al-Anon Adult Children

Tuesdays and Fridays, 9:30am—10:30am

King of Kings Lutheran Church, 2685 Packard Road, Ann Arbor

Welcome! We meet at King of Kings Lutheran Church, 2685 Packard Road (near the intersection of Packard and Eisenhower Parkway), in the multipurpose room on the ground floor. There is handicap-accessible parking and curbside ramps for wheelchair access to the church. There is also a wheelchair-accessible bathroom. Free childcare is provided until 11am in the nursery across from the Al-Anon meeting room.

A typical meeting has several dozen participants. We meet as one whole group for the opening greeting and then split into smaller groups at tables. There is always a table dedicated to Adult Children, one to Slogans, and one to Steps. If the size of the group warrants, we split into more tables so that each table stays small enough for everyone to have the opportunity to share.

We hold a group conscience on the first Tuesday and the first Friday of each month. Our meeting has a phone list that gives first names and contact information for members who are willing to be contacted by newcomers or other members, and identifies members who are willing to sponsor others.

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